

BLUE

living

Lunchgerechten

Turksbrood pulled chicken

Pulled chicken | koolsla | augurken
barbecuesaus

Italiaanse bol warm vlees

Kalfsfricandeau | champignon | ui | paprika
zoetzuresaus

Pita gerookte zalm

Gerookte zalm | rode ui | rucola | sumac
tahin yoghurt

Desembrood carpaccio

Wit of bruin desembrood | carpaccio | rucola
geroosterde tuinbonen | pompoenpitten
Parmezaanse kaas | groene pesto

Desembrood toast warme brie

Wit of bruin desembrood | brie | rucola
rode ui compote | zongedroogde tomaat | tijm
jalapeñospread

Desembrood toast vegetarische spread

Wit of bruin desembrood | feta | za'atar
rode bietenhummus | gegrilde courgette
geroosterde tuinbonen

Foccacia tonijnsalade

Tonijnsalade | basilicum | olijven | mascarpone
zongedroogde tomaat | little gem | rode pesto

WestCord 12 uurtje

Soep van de chef | wit of bruin desembrood
Vlees keuze: Parmaham en rundsvleeskroket
Vis keuze: Tonijnsalade en garnalenkroket
Vega keuze: Rode biet hummus en
oesterzwamkroket

Soepen

Prei-kerriesoep

Appel | cashewnoten | bosui

Zoete aardappel-wortelsoep

Gember | seroendeng | pompoenpitten

Soep van de chef

Wekelijks wisselende soep

Salades

12 Herfst-wintersalade

Mesclun sla | pompoen | pastinaak | champignon
kikkererwt | geroosterde tuinbonen | walnoten
Amsterdamse uien | Franse dressing

15 Supplement geitenkaas

Gerookte eendenborstsalade

13 Mesclun sla | appel | rode ui | vijgen | croutons
gerookte amandelen | rode bietenmayonaise

Caesarsalade

15 Romeinse sla | Cajun kip | vrije uitloopeieren
knoflook croutons | pecorino | kaaskrokant
rode ui | haricots verts | ansjovis-citroenmayonaise

Out of the BLUE

Boerenomelet

11 Wit of bruin desembrood | vrije-uitloopeieren
paprika | tomaat | champignon | lente-ui
ham | kaas

Uitsmijter

10 Wit of bruin desembrood | 3 vrije-uitloopeieren
ham en/of kaas en/of bacon

Rundvlees-, oesterzwam- of garnalenkroketten

13 Wit of bruin desembrood | Dijonmosterd

Gegrilde MRIJ runderburger

21 Sesambol | baconnais | pancetta | tomaat
of augurk | Rotterdamse oude kaas | ui
of Romeinse sla | friet

Supplement

6 Broodplankje

Za'atar olijfolie | baba ganoush

6 Friet | mayonaise | ketchup




Los broodje

BIO Biologisch




Vegetarisch of vegetarisch mogelijk

BLUE living


Lunch dishes

- Turkish bread pulled chicken** 12
Pulled chicken | coleslaw | pickles
barbecue sauce
- Italian bread hot meat** 15
Veal fricandeau | mushroom | onion | bell pepper
sweetsour sauce
- Pita smoked salmon** 13
Smoked salmon | red onion | arugula | sumac
tahin yogurt
- Sour dough bread carpaccio** 15
White or brown sour dough bread | carpaccio
arugula | roasted beans | pumpkin seeds
Parmesan cheese | green pesto
- Sour dough toast melted brie** 11 
White or brown sour dough bread | brie
red onion compote | arugula | sundried tomato
thyme | jalapeño spread
- Sour dough toast vegetarian spread** 10 
White or brown sour dough bread | feta
beetroot hummus | za'atar | grilled zucchini
roasted beans
- Foccacia tuna salad** 13
Tuna salad | basil | sundried tomato | olives
red pesto | little gem | mascarpone cheese
- WestCord lunch** 13 
Soup of the chef | white or brown sour dough
Meat choice: Parmaham and beef croquette
Fish choice: Tuna salad and shrimp croquette
Vega choice: Beetroot hummus and
oyster mushroom croquette

Soups

- Leek-curry soup** 6 
Apple | cashew nuts | spring onion
- Sweet potato-carrot soup** 6 
Ginger | seroendeng | pumpkin seeds
- Soup of the chef** 6 
Weekly changing soup




Salades

- Autumn-wintersalad** 13 
Mesclun lettuce | pumpkin | parsnip | mushroom
chickpea | roasted beans | Amsterdam onions
walnuts | French dressing
Supplement goat cheese + 2
- Smoked duckbreat salad** 14
Mesclun lettuce | apple | red onion | croutons
figs | smoked almonds | beetroot mayonnaise
- Caesarsalad** 13
Roman lettuce | Cajun chicken | free-range egg
garlic croutons | pecorino | cheese crisp | onion
haricots verts | anchovy-lemon mayonnaise

Out of the BLUE

- Farmer's omelet** 12 
White or brown sourdough bread | free-range eggs
bell pepper | tomato | mushroom | spring onion
ham | cheese
- Fried egg sandwich** 12 
White of brown sourdough bread | free-range eggs
ham and/or cheese and/or bacon
- Beef-, oyster mushroom- or shrimp croquettes** 13
White or brown sourdough bread | Dijon mustard 
- Grilled MRIJ beefburger** 21
Sesame bun | baconnaisse | pancetta | tomato
pickle | Rotterdam old cheese | onion
Roman lettuce | French fries

Supplement

- Bread plate** 5  
Za'atar olijfolie | baba ganoush
- French fries** 4 | mayonnaise | ketchup 
- Plain bun** 2

  Organic

 Vegetarian or vegetarian possible