



House rules

Our aim is that every guest at WestCord hotel Delft can use the fitness facilities in a safe and pleasant environment. We kindly request that you read and comply with the following house rules:

- 1) Wearing clean sports shoes and appropriate clothing is compulsory.
- 2) During your training the usage of a towel is compulsory and you clean the used fitness materials.
- 3) Food and non-closable drinking bottles are not allowed.
- 4) Smoking and the usage and/or distribution of prohibited substances is not allowed.
- 5) Verbal and/or physical violence will not be tolerated.
- 6) Unwanted and / or desired intimacy will not be tolerated.
- 7) Guests under 18 years are not allowed to use the fitness.
- 8) Taking photos or videos in the fitness is not allowed.
- 9) Avoid noise disturbance from for example music or dropping weights and/or other materials with a lot of noise on the floor.
- 10) Keep the equipment available for others when you are not actively using it.
- 11) Make sure you know how to use the equipment and do the exercises. Respect your boundaries and make sure you know what you can handle, otherwise use the advice of a specialist.
- 12) Use the equipment only for the intended purposes and after the training put all the equipment back where it belongs.
- 13) We are not liable for any lost/stolen personal items. We advise you to put your personal belongings in one of the provided lockers.
- 14) The fitness is only accessible for guests with an fitness subscription or hotel guests. If someone is coming with you to fitness, you need to inform the reception and costs will be charged.
- 15) Practicing sports can be a risk for your health. When you use you facilities make sure you know what you can handle. We do not offer any actively guidance in the fitness.
- 16) WestCord hotel Delft and our employees are not liable for any material or immaterial damage as consequence of an accident or injury that you sustain in our fitness room.

* By subscription of the fitness you automatically agree with the above named house rules.